

短道速滑

一、考核指标与所占分值

类别	实战能力
考核指标	专项
分值	100 分

二、考试方法与评分标准

（一）考试项目：男子 500 米、1500 米，女子 500 米、1500 米，考生可从两个项目 中任选一项。

（二）考试方法：参照国家体育总局最新竞赛规则执行。采用两人一组的方式测试(按照名单顺序，先男后女) 。测试时应由三名考评员计时，取中间计时成绩为最终计时成绩。

（三）评分标准：见表1。

表1 短道速滑专项成绩评分表(按室内滑冰馆标准制定)

分值	500 米(秒)		1500 米(秒)	
	男	女	男	女
100	45.20	47.00	02:32.00	02:40.4
99	45.40	47.25	02:32.50	02:40.8
98	45.60	47.50	02:33.00	02:41.2
97	45.80	47.75	02:33.50	02:41.6
96	46.00	48.00	02:34.00	02:42.0
95	46.20	48.25	02:34.50	02:42.4

分值	500 米(秒)		1500 米(秒)	
	男	女	男	女
94	46.40	48.50	02:35.00	02:42.80
93	46.60	48.75	02:35.50	02:43.20
92	46.80	49.00	02:36.00	02:43.60
91	47.00	49.25	02:36.50	02:44.00
90	47.20	49.50	02:37.00	02:44.40
89	47.40	49.75	02:37.50	02:44.80
88	47.60	50.00	02:38.00	02:45.20
87	47.80	50.25	02:38.50	02:45.60
86	48.00	50.50	02:39.00	02:46.00
85	48.20	50.75	02:39.50	02:46.40
84	48.40	51.00	02:40.00	02:46.80
83	48.60	51.25	02:40.50	02:47.20
82	48.80	51.50	02:41.00	02:47.60
81	49.00	51.75	02:41.50	02:48.00
80	49.20	52.00	02:42.00	02:48.40
79	49.40	52.25	02:42.50	02:48.80
78	49.60	52.50	02:43.00	02:49.20
77	49.80	52.75	02:43.50	02:49.60
76	50.00	53.00	02:44.00	02:50.00
75	50.20	53.25	02:44.50	02:50.40
74	50.40	53.50	02:45.00	02:50.80
73	50.60	53.75	02:45.50	02:51.20
72	50.80	54.00	02:46.00	02:51.60
71	51.00	54.25	02:46.50	02:52.00
70	51.20	54.50	02:47.00	02:52.40

分值	500 米(秒)		1500 米(秒)	
	男	女	男	女
69	51.40	54.75	02:47.50	02:52.80
68	51.60	55.00	02:48.00	02:53.20
67	51.80	55.25	02:48.50	02:53.60
66	52.00	55.50	02:49.00	02:54.00
65	52.20	55.75	02:49.50	02:54.40
64	52.4	56.00	02:50.00	02:54.80
63	52.60	56.25	02:50.50	02:55.20
62	52.80	56.50	02:51.00	02:55.60
61	53.00	56.75	02:51.50	02:56.00
60	53.20	57.00	02:52.00	02:56.40
59	53.40	57.25	02:52.50	02:56.80
58	53.60	57.50	02:53.00	02:57.20
57	53.80	57.75	02:53.50	02:57.60
56	54.00	58.00	02:54.00	02:58.00
55	54.20	58.25	02:54.50	02:58.40
54	54.40	58.50	02:55.00	02:58.80
53	54.60	58.75	02:55.50	02:59.20
52	54.80	59.00	02:56.00	02:59.60
51	55.00	59.25	02:56.50	03:00.00
50	55.20	59.50	02:57.00	03:00.40
49	55.40	59.75	02:57.50	03:00.80
48	55.60	01:00	02:58.00	03:01.20
47	55.80	01:00.25	02:58.50	03:01.60
46	56.00	01:00.50	02:59.00	03:02.00
45	56.20	01:00.75	02:59.50	03:02.40

分值	500 米(秒)		1500 米(秒)	
	男	女	男	女
44	56.40	01:01.00	03:00.00	03:02.80
43	56.60	01:01.25	03:00.50	03:03.20
42	56.80	01:01.50	03:01.00	03:03.60
41	57.00	01:01.75	03:01.50	03:04.00
40	57.20	01:02.00	03:02.00	03:04.40
39	57.40	01:02.25	03:02.50	03:04.80
38	57.60	01:02.50	03:03.00	03:05.20
37	57.80	01:02.75	03:03.50	03:05.60
36	58.00	01:03.00	03:04.00	03:06.00
35	58.20	01:03.25	03:04.50	03:06.40
34	58.40	01:03.50	03:05.00	03:06.80
33	58.60	01:03.75	03:05.50	03:07.20
32	58.80	01:04.00	03:06.00	03:07.60
31	59.00	01:04.25	03:06.50	03:08.00
30	59.20	01:04.50	03:07.00	03:08.40
29	59.40	01:04.75	03:07.50	03:08.80
28	59.60	01:05.00	03:08.00	03:09.20
27	59.80	01:05.25	03:08.50	03:09.60
26	01:00	01:05.50	03:09.00	03:10.00
25	01:00.20	01:05.75	03:9.50	03:10.40
24	01:00.40	01:06.00	03:10.00	03:10.80
23	01:00.60	01:06.25	03:10.50	03:11.20
22	01:00.80	01:06.50	03:11.00	03:11.60
21	01:01.00	01:06.75	03:11.50	03:12.00
20	01:01.20	01:07.00	03:12.00	03:12.40

分值	500 米(秒)		1500 米(秒)	
	男	女	男	女
19	01:01.40	01:07.25	03:12.50	03:12.80
18	01:01.60	01:07.50	03:13.00	03:13.20
17	01:01.80	01:07.75	03:13.50	03:13.60
16	01:02.00	01:08.00	03:14.00	03:14.00
15	01:02.20	01:08.25	03:14.50	03:14.40
14	01:02.40	01:08.50	03:15.00	03:14.80
13	01:02.60	01:08.75	03:15.50	03:15.20
12	01:02.80	01:09.00	03:16.00	03:15.60
11	01:03.00	01:09.25	03:16.50	03:16.00
10	01:03.20	01:09.50	03:17.00	03:16.40
9	01:03.40	01:09.75	03:17.50	03:16.80
8	01:03.60	01:10.00	03:18.00	03:17.20
7	01:03.80	01:10.25	03:18.50	03:17.60
6	01:04.00	01:10.50	03:19.00	03:18.00
5	01:04.20	01:10.75	03:19.50	03:18.40
4	01:04.40	01:11.00	03:20.00	03:18.80
3	01:04.60	01:11.25	03:20.50	03:19.20
2	01:04.80	01:11.50	03:21.00	03:19.60
1	01:05.00	01:11.75	03:21.50	03:20.00
0	01:05.20	01:12.00	03:22.00	03:20.40

三、其他

考生自备考试所用服装、器材，测试器材须符合国家体育总局最新竞赛规则的要求。